

**Big Tancook Island Emergency Response Association  
Health Survey Results  
May 2018**

Number of homes surveyed	<u>52</u>		
Total number of residents	<u>120</u>		
		% of Residents	% of Households
Breakdown by age group			
49 and under	51	42%	40%
50 - 59	19	16%	33%
60 and over	<u>50</u>	<u>42%</u>	<u>71%</u>
	<u>120</u>	<u>100%</u>	
Overall self-assessment of health	7.3 / 9		

Household Information

Are comfortable with the current medical emergency service	94%
Have a family doctor	98%
Have access to the internet	78%
<b>Have the BTIERA "File for Life" medical emergency info posted on the fridge</b>	<b>37%</b>
Have used 811 service	44%
Found service helpful	61%
Have used 211 service	8%
Found service helpful	75%
Top health challenges	
Joint pain or back pain	73%
High blood pressure	56%
Overweight/obesity	38%
Heart disease	33%
Diabetes	27%
Mental health issues	19%
Stroke	10%

Need health friendly equipment

None needed	85%
Walk-in shower / tub	10%
Wheelchair ramp	6%
House cleaning service	2%
Stairlift	2%
Stair railings	2%

Need health screenings or services

Blood pressure	40%
Cholesterol	35%
Diabetes	25%
Heart disease	19%
Mental health/depression	17%
Cancer	15%
Fall prevention	12%
Home nursing care	12%
Memory loss	8%
Nutrition	8%
Palliative care	4%

Top services needed

V.O.N.	23%
Foot care	15%
Home care	12%
Palliative care	8%
Blood work	6%

Issues with access to care, primarily transportation 17%

Willingness to attend a palliative care or continuing care training workshop and serving as a palliative care volunteer for island residents, as needed?

	Number	
Yes	7	13%
Continuing care only	4	8%
Possibly	4	8%